

CENTISARTORIA

Guía de toma de medidas

AMERICANA · PANTALÓN · CHALECO

v1.0 · 2026-08 · Formación del personal

Sobre el cuerpo vs sobre la prenda DOS FORMAS DE MEDIR

CUERPO

Medida tomada sobre el cuerpo: la cinta ajustada sin apretar, dejando pasar un dedo.

PRENDA

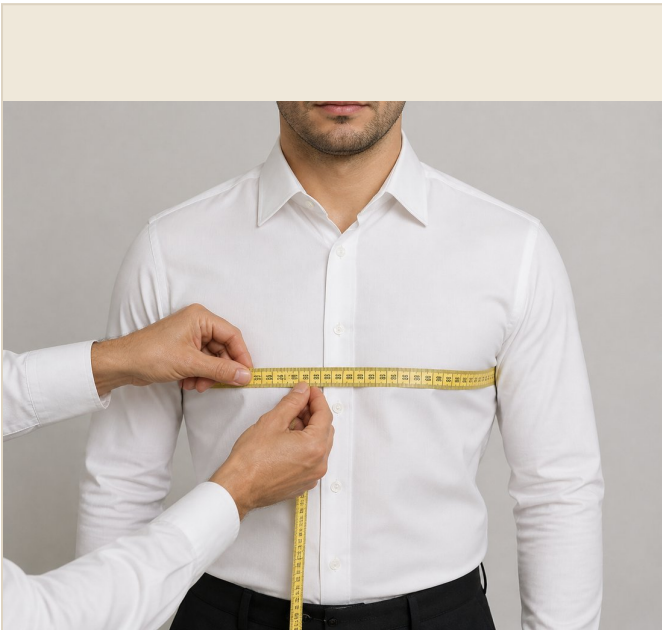
La prenda se extiende perfectamente plana; mida en las posiciones indicadas. Duplique los anchos en plano para los contornos.

Indique siempre si el valor es sobre cuerpo o sobre prenda: el taller calcula la holgura a partir de ello. Cada medida muestra el método cuerpo y el método prenda lado a lado; una sola imagen significa que la medida solo se usa en un lado.

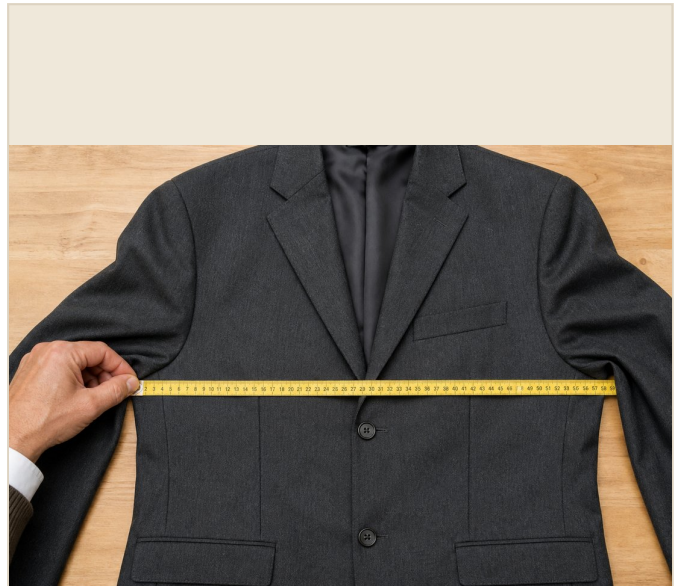
CAPÍTULO 1

Americana

AMERICANA 01 Contorno de pecho

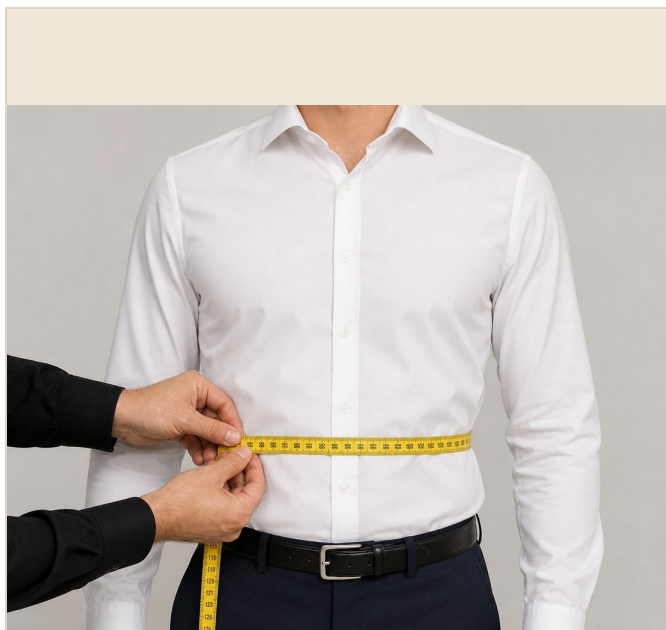


CUERPO

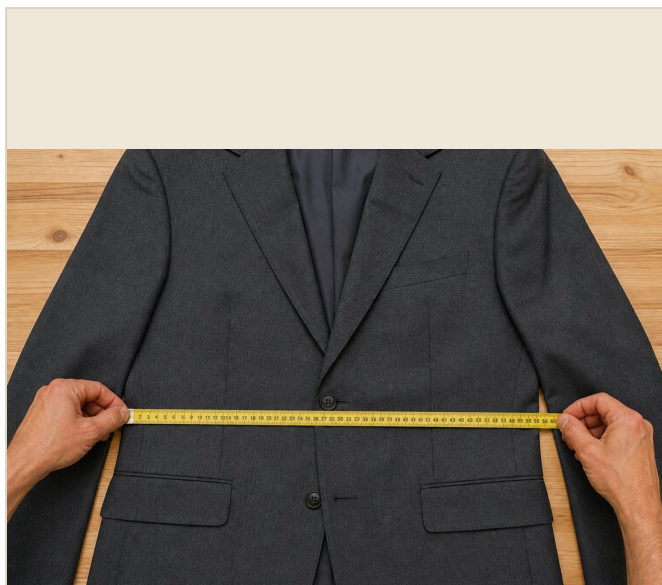


PRENDA

AMERICANA 02 **Contorno de cintura**



CUERPO

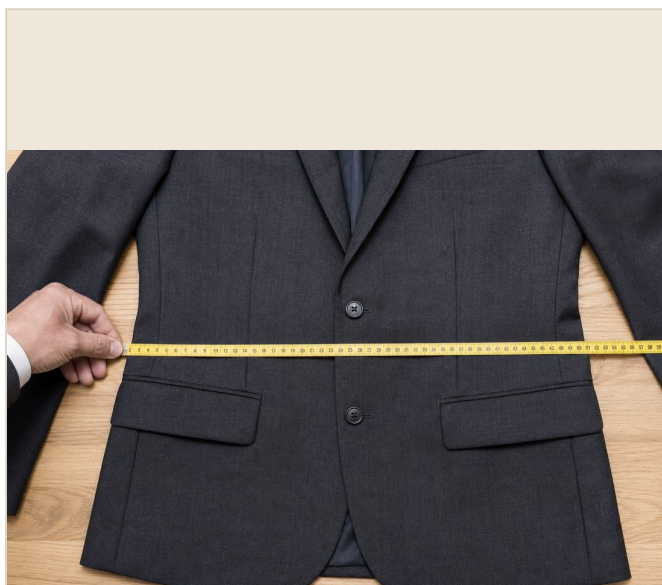


PRENDA

AMERICANA 03 **Contorno de abdomen**

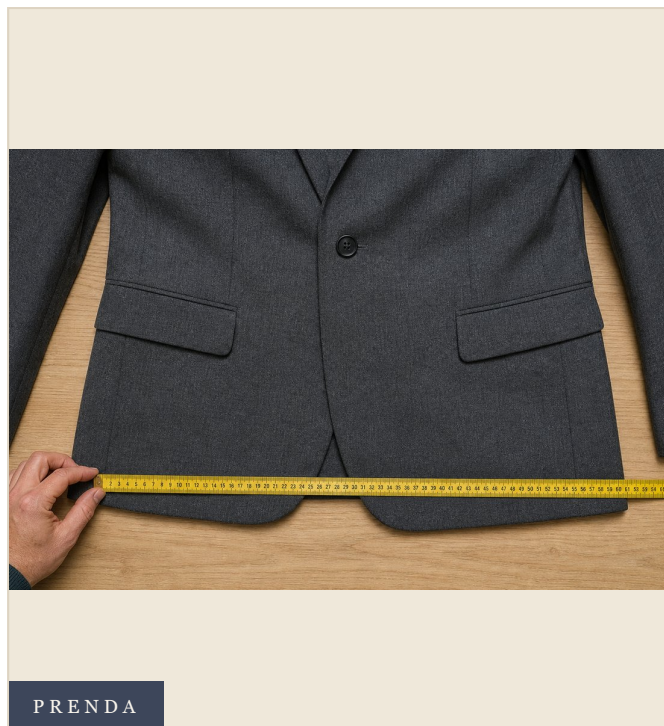
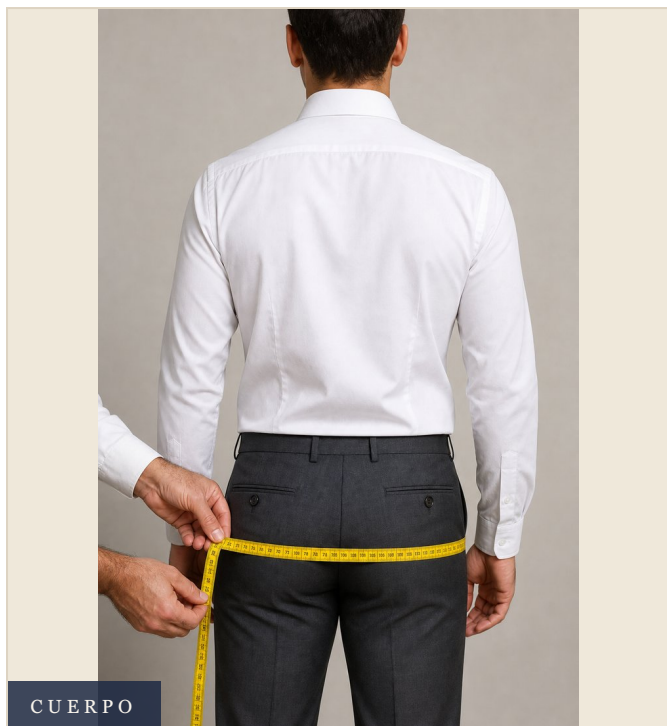


CUERPO

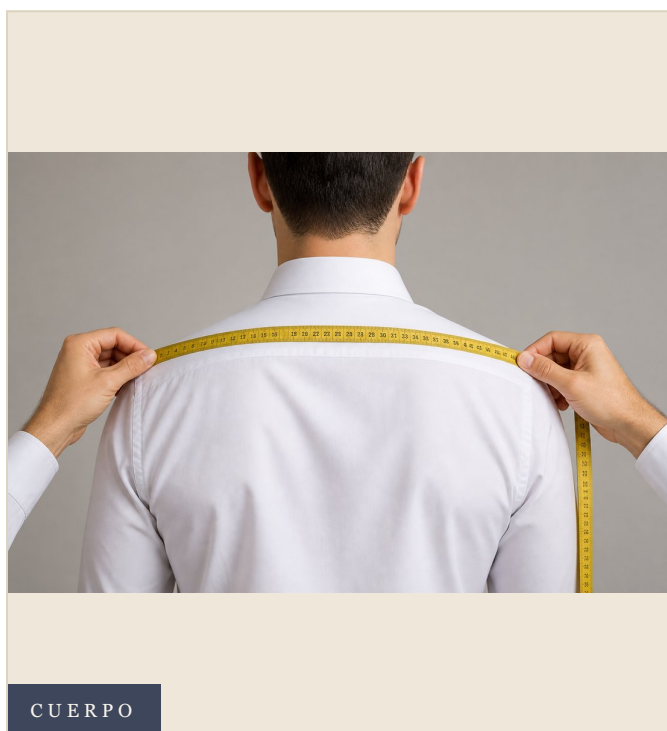


PRENDA

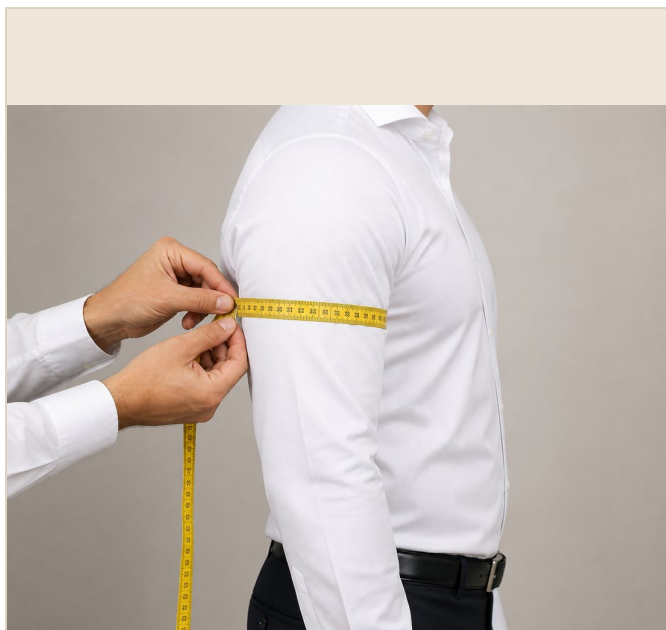
AMERICANA 04 **Cadera y bajo**



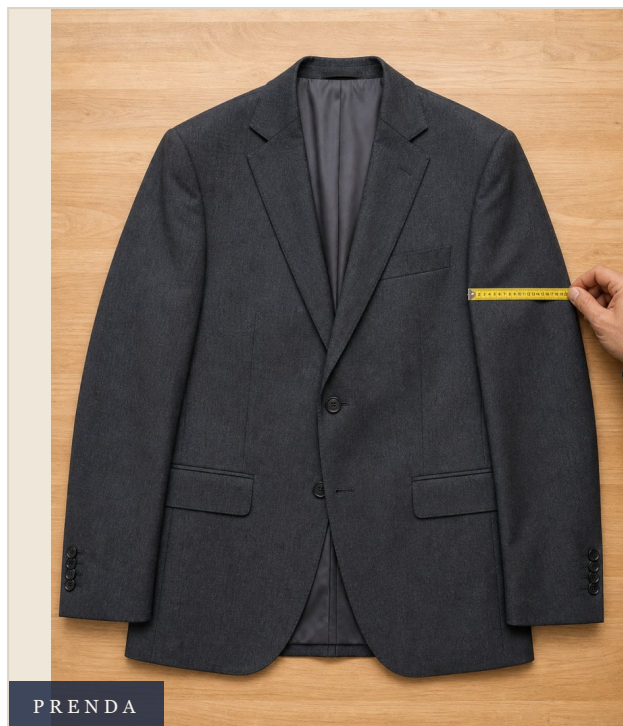
AMERICANA 05 **Ancho de hombros**



AMERICANA 06 **Contorno de bíceps**

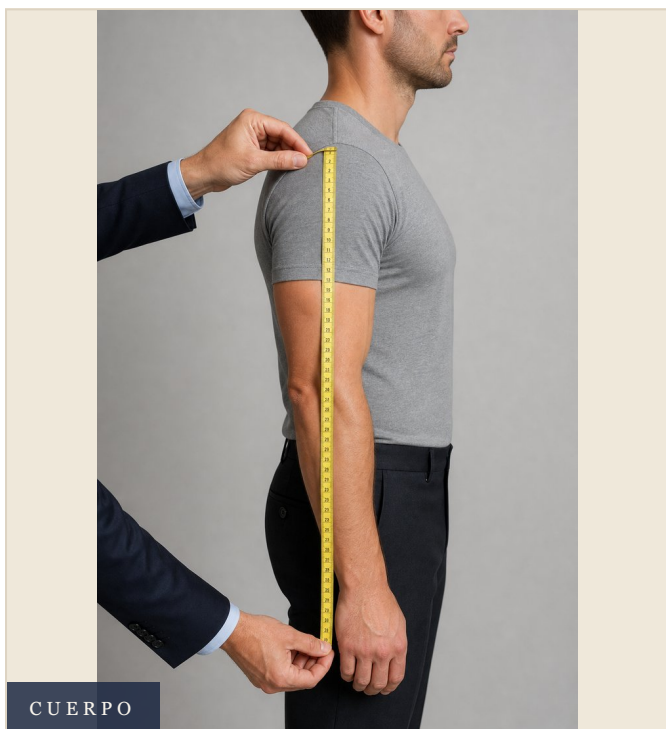


CUERPO

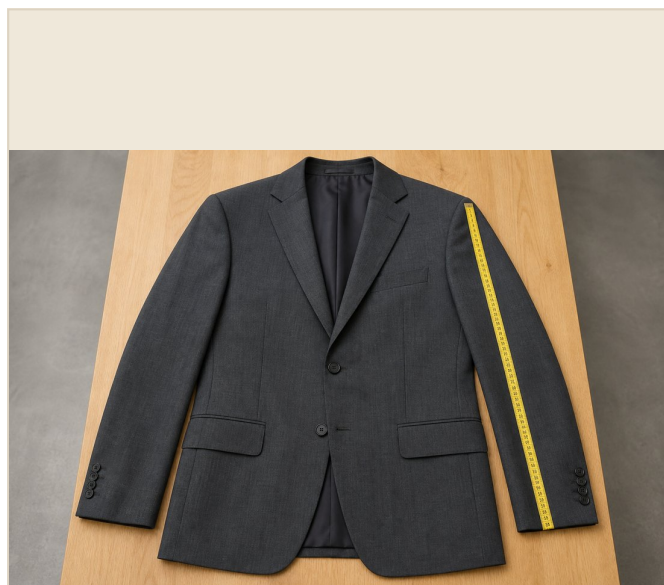


PRENDA

AMERICANA 07 **Largo de manga**

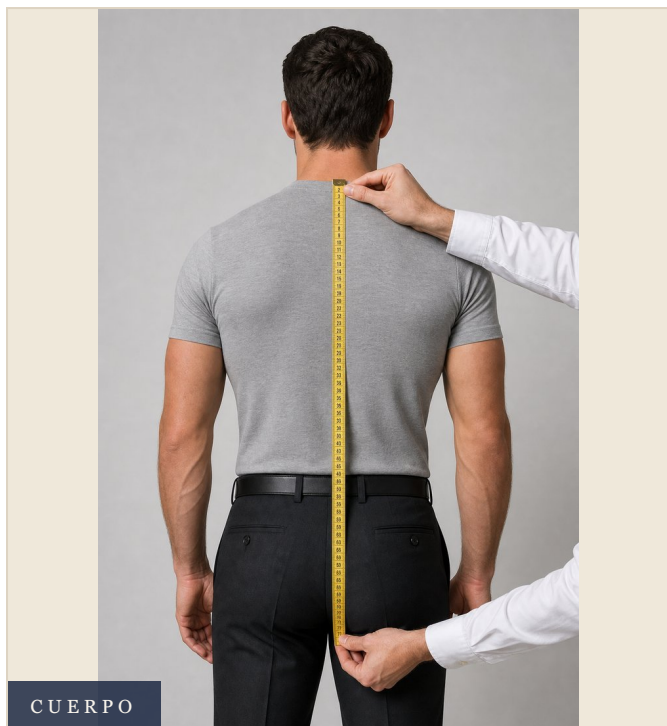


CUERPO



PRENDA

AMERICANA 08 **Largo de espalda**



CUERPO



PRENDA

AMERICANA 09 **Largo delantero**

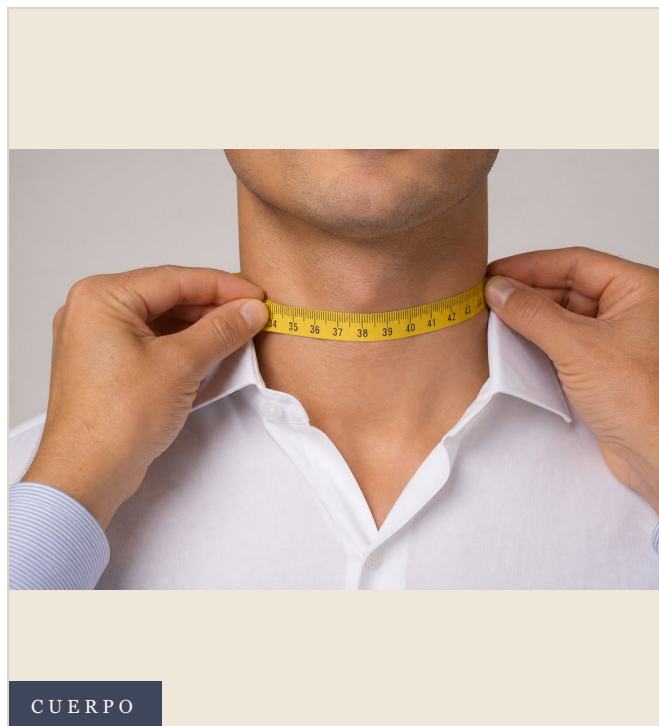


CUERPO

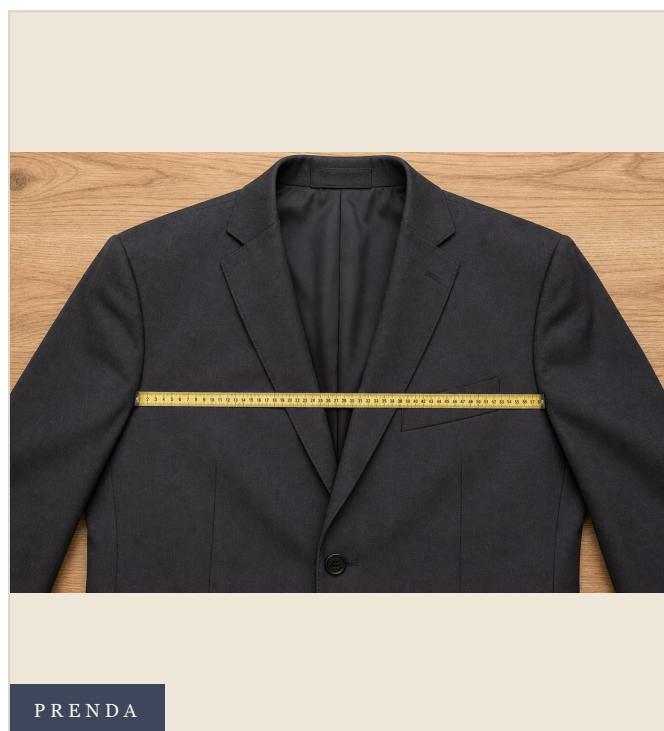
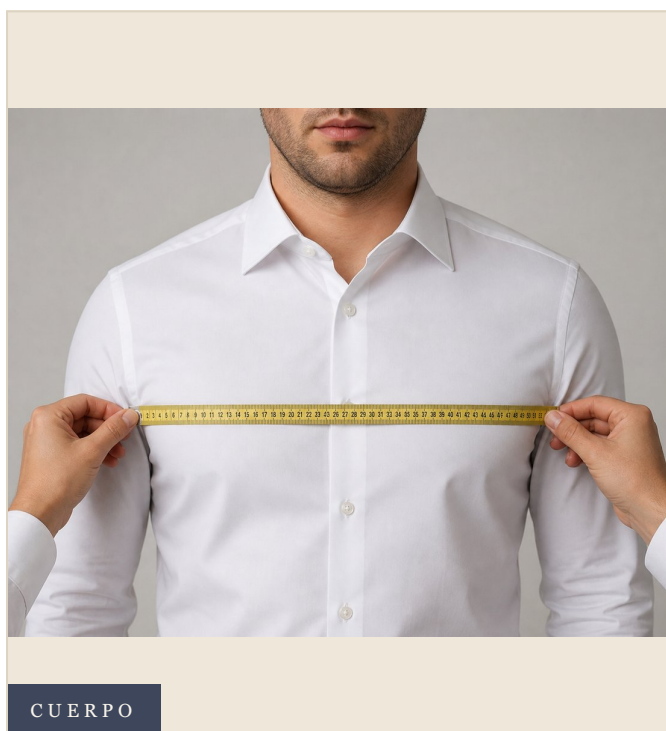


PRENDA

AMERICANA 10 **Contorno de cuello**



AMERICANA 11 **Ancho de pecho**



AMERICANA 12 **Ancho de espalda**



CUERPO



PRENDA

AMERICANA 13 **Contorno de puño**



CUERPO

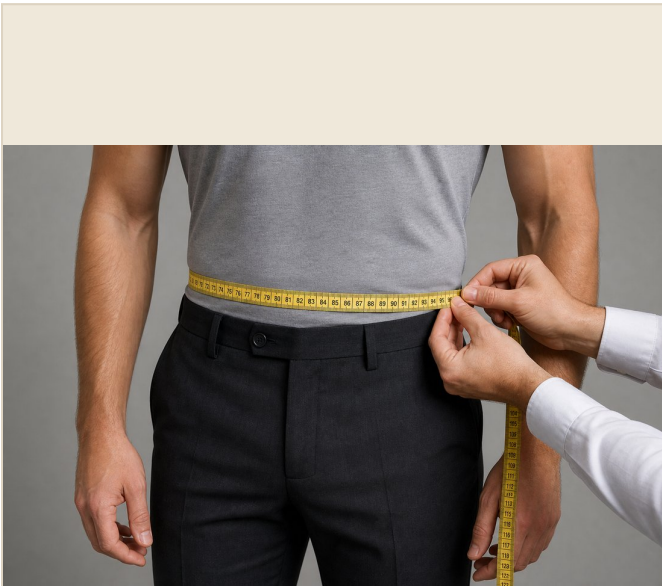


PRENDA

CAPÍTULO 2

Pantalón

PANTALÓN 01 **Contorno de cintura**



CUERPO

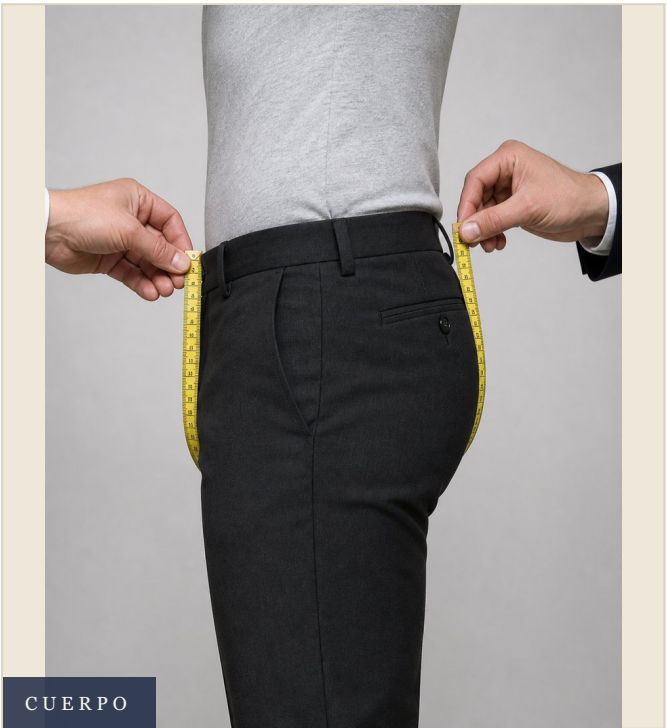


PRENDA

PANTALÓN 02 **Contorno de cadera**



PANTALÓN 03 **Tiro total**



PANTALÓN 04 **Tiro delantero**



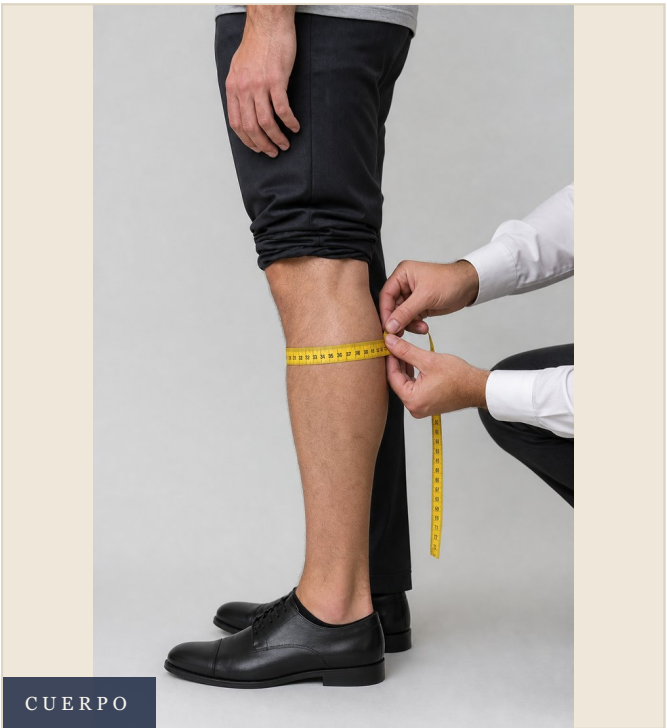
PANTALÓN 05 **Contorno de muslo**



PANTALÓN 06 **Contorno de rodilla**



PANTALÓN 07 **Contorno de pantorrilla**



PANTALÓN 08 **Bajo de pierna**



PRENDA

PANTALÓN 09 **Largo de pantalón**



CUERPO

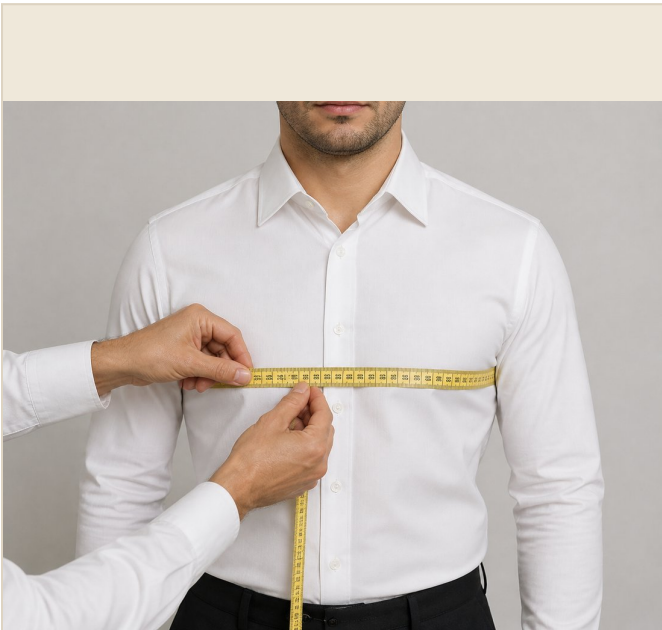


PRENDA

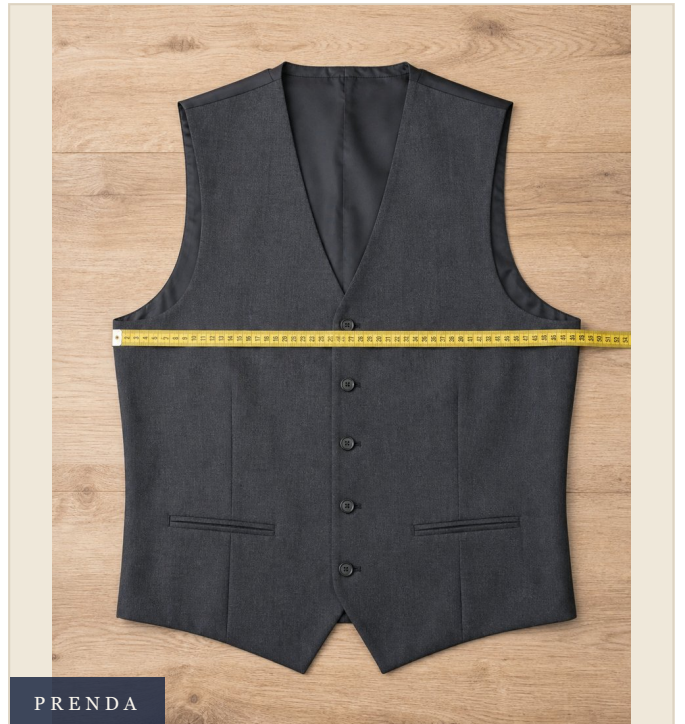
CAPÍTULO 3

Chaleco

CHALECO 01 Contorno de pecho

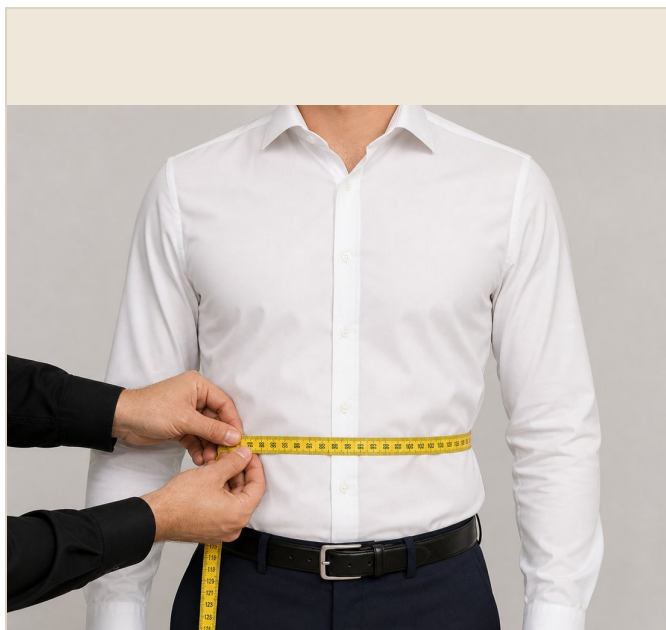


CUERPO



PRENDA

CHALECO 02 Contorno de cintura



CUERPO



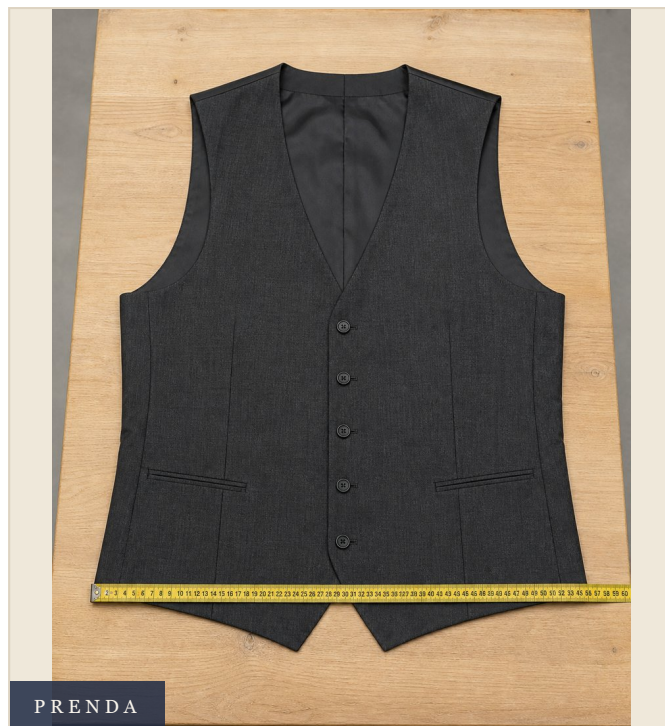
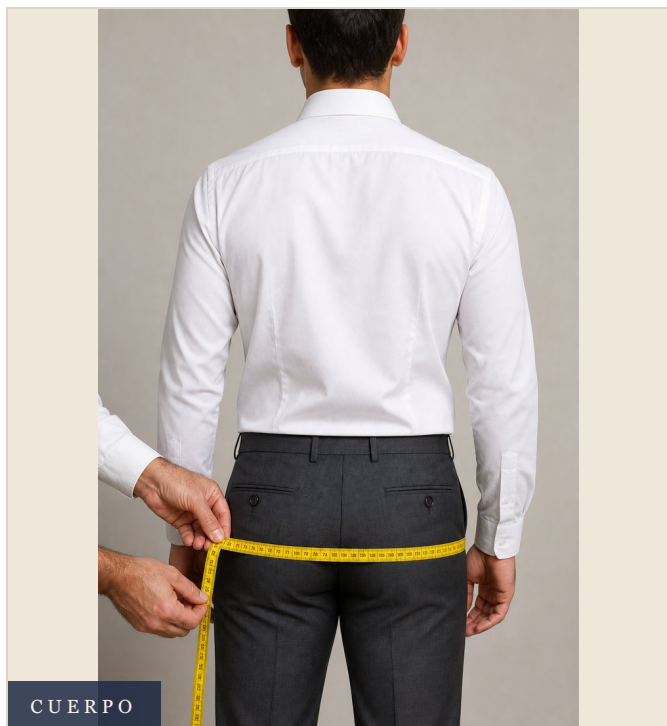
PRENDA

CHALECO 03 Contorno de abdomen

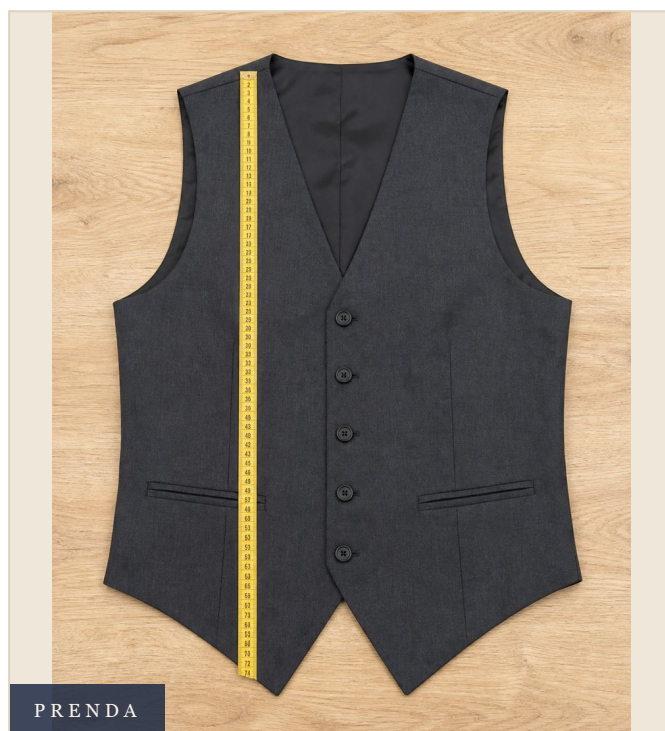


CUERPO

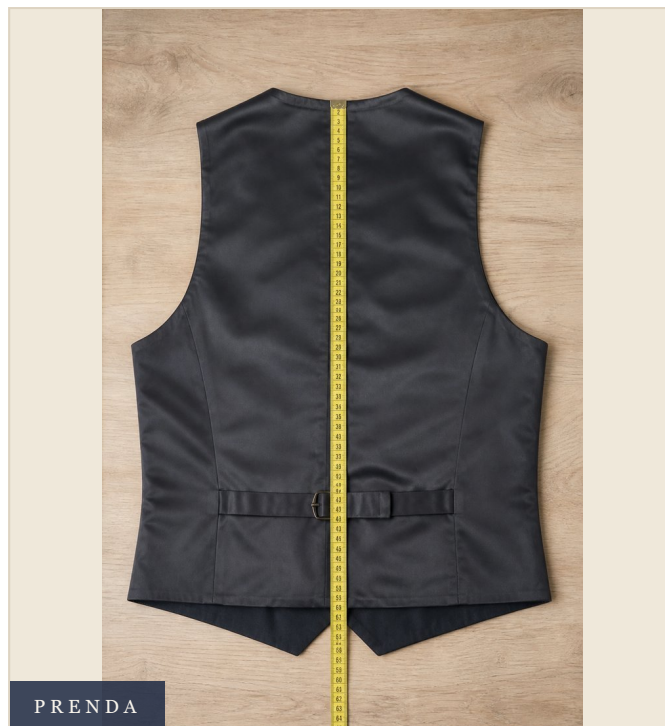
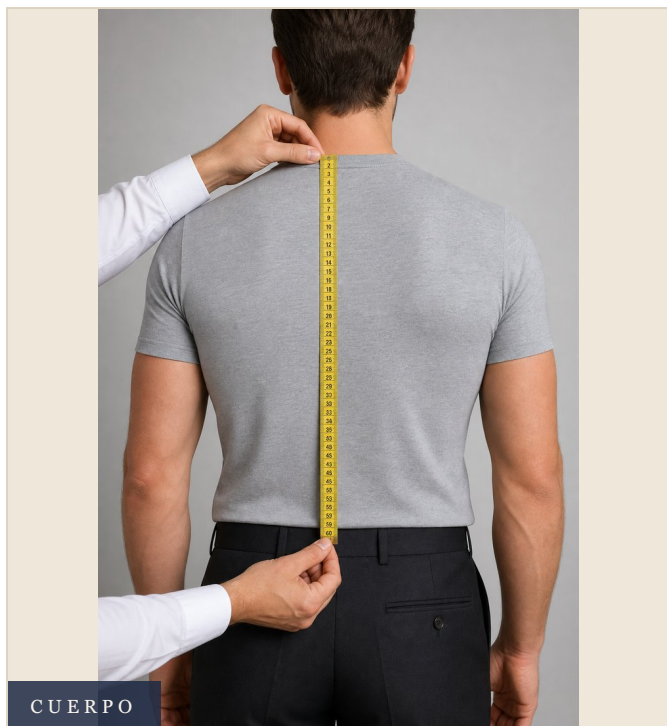
CHALECO 04 **Cadera y bajo**



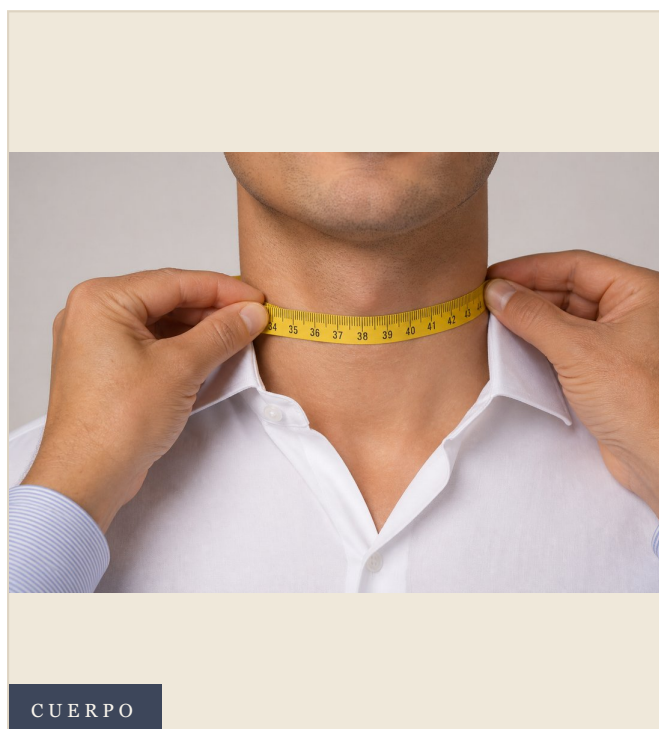
CHALECO 05 **Largo delantero**



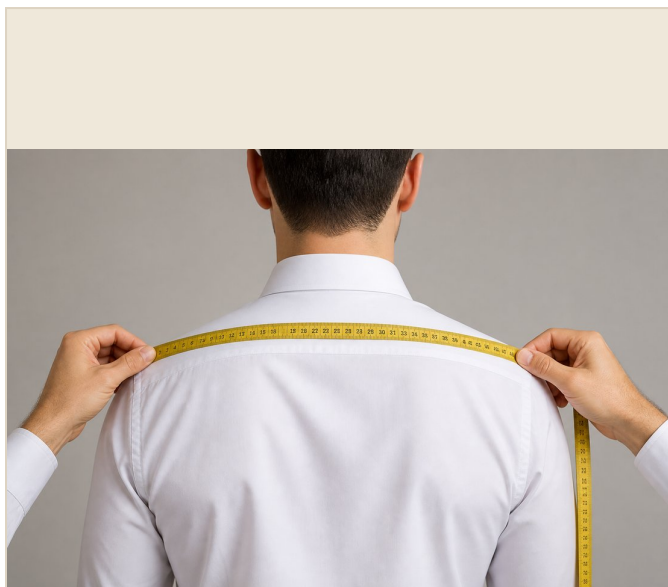
CHALECO 06 **Largo de espalda**



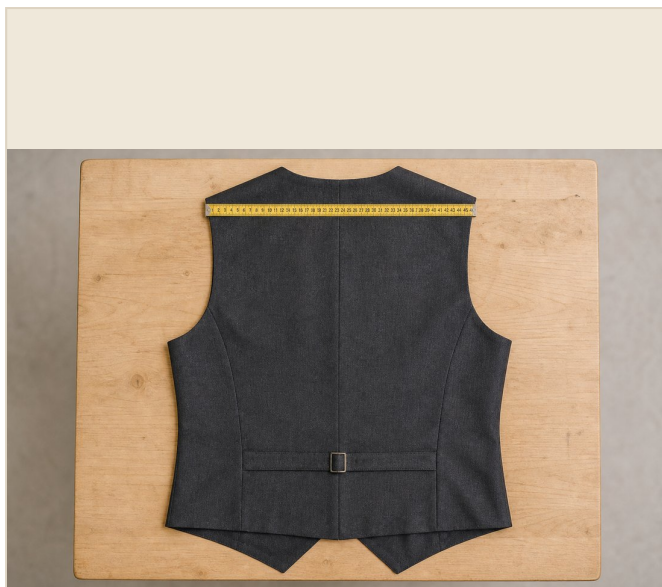
CHALECO 07 **Contorno de cuello**



CHALECO 08 **Ancho de hombros**

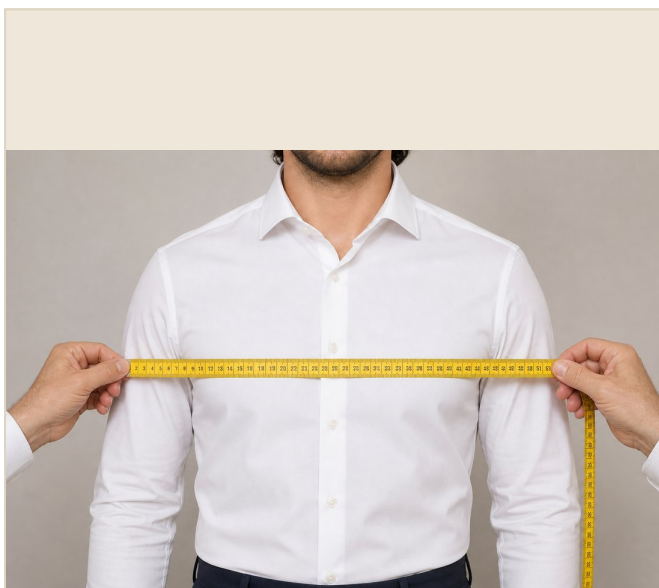


CUERPO



PRENDA

CHALECO 09 **Ancho de pecho**



CUERPO

